



School Wellness Report Card

Input School Name **Jose Yopez Learning Center**

OUTSTANDING	SATISFACTORY	NEEDS IMPROVEMENT	<p>Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Students receive formal, age appropriate physical education, consistent with nation and state standards for physical education.
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Messages about agriculture and nutrition are reinforced through the learning environment.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nutrition education is included in health education or physical education .
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Encourages participates in meal programs
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	After school opportunities to participate in physical activity are provided
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	cooking demonstrations, taste testing
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Community and Health Promotion and Family Engagement
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Staff Wellness and Health Promotion
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Professional Learning
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students receive 30 minute lunch

Highlights

This year we continue to encourage students participate in the meal programs offered. Through the life skills class students have gain knowledge of hands on learning. Students have done taste testing with staff and teachers as well as cooking demonstrations.

This year our school has offered opportunities for students to participate in physical activity by having two sports. Both are open to all students and are able to try out throughout the session. Student who do not want to join may still participate in after school practice.

Areas for Growth

We have a school site wellness committee at our school, but have not met as consistent as other school years. We noticed that the lack of meetings this year reflected on our wellness assessment.

Also the lack of professional development for staff is also a disconnect on lack of nutritional and physical exposure to our students.

Next school year our school would really want to focus on promoting community health and encourage families to be a part of our wellness goals and help increase our family engagement.